

ENVIRONMENTAL SUSTAINABILITY:

1. **Water:** improving the quality of surface waters is a common goal in NL. What can you do? Don't throw trash in the water or on the street (that will end up in the water). Don't throw away fish or aquarium plants in ponds. Don't let your dog defecate close to water! Their droppings will get in the water, and that's no good. Don't feed ducks and fish in the ponds. They can take care of themselves. Less water is used to create recycled paper that is used to make fresh paper. So, use recycled paper!
2. **Air:** improve quality of air. Leave the car at home, but if you can't, then do [this](#) . Avoid stationary use of your car (on but not moving) and use your airco as little as you can. Buy [energy saving devices](#). Use Low-VOC water-based interior and exterior paints. Avoid burning wood for warmth.
3. **Nature:** improve quality and experience of greenery and nature overall. How? Can you start a roofgarden at your home, office, garage? Start your own home garden. Don't pave all free areas around your residence.
4. **Household trash:** Less is more! Don't throw away food. Try to buy and prepare just enough to eat. Don't throw things away if they can be repaired. Don't buy the newest mobiles because you can and want to and don't get carried away with buying all kinds of 'cute trendy gadgets'. Delay new purchases: maybe your sweater and shoes can go a while longer?
5. **Separate your waste:** look [here](#) for tips.
6. **Save energy:** Use green energy (buy it or buy means to produce your own energy). Keep track of how much you spend and compare your usage with others. Tips on saving energy available [here](#) . You can also tell your parents they can get a [subsidy](#) for energy saving appliances. Get more sustainable tips right [here](#) .
7. **Travel:** Walk more and bike more. Use public transport and scooters etc. Carpooling is great. Working at home is great too.
8. Green tips from Green Peace: [energy](#) – [oceans](#) – [forests](#)